BALTIMORE COUNTY PUBLIC SCHOOLS

Darryl L. Williams, Ed.D. s Superintendent s 6901 North Charles Street s Towson, MD s 21204

Dear Parents and Guardians,

As part of our School Counseling Program, your child’s class will have the opportunity to engage in an asynchronous counseling core curriculum lesson during the month of September on **Resilience**. This month’s topic explores what it means to be resilient and learning about strategies he/she can use to overcome difficulties. This lesson will be posted on Schoology. Your child can access this lesson by logging on to Schoology, in their homeroom folder, click the School Counseling folder and lessons are organized by month.

It is our hope that the core curriculum counseling lessons will help to promote the social emotional, academic, and career development of our students. We hope that you can help your child reflect on these lessons by discussing their content together. Please feel free to contact me with any questions about the program. I can be reached via email at dward4@bcps.org.

Additional resources to aid in the discussion of this counseling lesson at home include:

* <https://www.childtrends.org/publications/ways-to-promote-childrens-resilience-to-the-covid-19-pandemic>

Sincerely,

Ms. Ward

School Counselor

Logan Elementary School

Phone:  443.292.6615